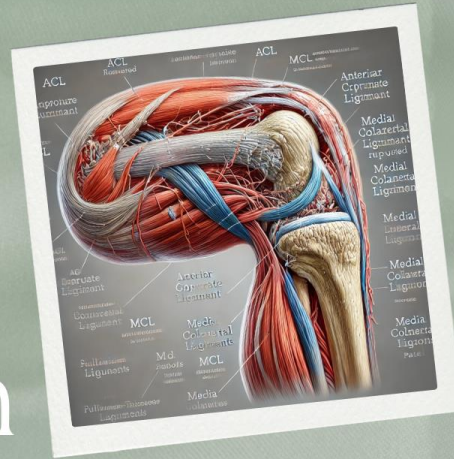


# Reflections from the Sequoia Room

A Weekly Devotional  
by Pastor Jeong



RUPTURE AND RESTORATION

## Jeong's Devotion: Rupture and Restoration

If I were to describe this past week in one word, it would be rupture. It has been a profoundly challenging time for my family, especially for my wife, Youngjae. We visited the doctor and reviewed her MRI results: a ruptured ACL, damage both to her MCL and meniscus and a micro-fracture in her right knee. The word “rupture” hit me hard. It represents a total tear—a disconnection that cannot heal on its own without intervention. Surgery is now inevitable, and the journey ahead feels daunting and uncertain.

This news shook our family, upending the rhythms of our daily life. Compounding the difficulty, I spent much of the week battling illness—fevers, persistent coughing, and headaches that left me drained. It felt as though the rupture in my physical health mirrored the disruption in our home. Yet, amidst these struggles, moments of grace broke through: church families brought us meals, checked in, and reminded us that we are not alone. These simple acts of kindness became tangible reminders of healing and connection, even in times of brokenness.

Reflecting on the theme of rupture, I found myself drawn to John 3:16:

“For God so loved the world that God gave the One and Only, so that whoever

believes shall not perish but have eternal life.”

The ruptures we experience-whether in our bodies, relationships, or spiritual lives-were not part of God’s original design. Brokenness entered the world through humanity’s choice to turn away from Him. Like my wife’s injury, this rupture could not mend itself. The gap was too wide, the damage too severe. But God, the infinite love was shown in Jesus Christ to bridge that chasm. Jesus became the intervention we could not provide for ourselves, offering restoration and reconciliation where there was once only separation.

This week, I’ve been reminded that while rupture is part of the human condition, it is not the final word. Just as my wife’s knee will require surgery and deliberate care to restore its function, so too do our spiritual lives require God’s intentional work to bring healing. Restoration is possible-not through our own efforts, but through the love and grace of God stepping into our brokenness.

Even when life feels torn apart, hope persists. God’s love does not erase pain, but it works in and through it, bringing renewal where we see only ruin. As we face physical, emotional, or spiritual challenges, we can trust in God’s promise to restore what is broken and make all things new.

This week, I pray for my wife’s healing, for the restoration of our family’s disrupted rhythms, and for anyone who carries the weight of brokenness in their own lives. May we hold fast to the truth that God’s love bridges every rupture, offering a path toward wholeness and renewal.

Pastor Jeong