

“O God, thank you for being our hope. Carry us into this week upheld by powerful hope. Let us be your beacons of hope for people and places weighed down by hopelessness. As we enter together with you into the Advent journey, help us to be your mind, heart, and hands in the world. For we pray in your name. Amen.”

If you would like to receive a daily email to remind you of each day’s Advent/Christmas theme, please sign up at www.unclutteredheart.com. This daily message, writes Beth Richardson, “will remind you to pause a moment for your spirit during the busy days of Advent and Christmas.”

*Questions 3 and 4 and the prayer are from *The Uncluttered Heart*, by Beth Richardson.*

Thoughts and Notes



*Touching heaven, changing earth
with head, heart and hands*

**Sunday, November 29, 2015
Jeremiah 33:14-16**

We offer these questions for reflection during the service or during your week. Ponder them yourself, or discuss them with friends.

1. In today’s scripture lesson, what might be the most hope-filled word or statement for the people listening to this prophecy? What is the most hope-filled word or statement for you?
2. Today’s scripture proclaims that “Judah will be saved and Jerusalem will live in safety” (Jeremiah 33:16a, NRSV). How do you understand this statement amidst the current conditions in Middle Eastern lands?
3. What have been your experiences of trying to remember God during previous Advent seasons?
4. Take a moment to think about your intention for this Advent and Christmas season—the goals you have set for yourself and your journey with God. (Examples: Read *The Uncluttered Heart* each morning, and write in your journal. Sign up for a daily email and take time out for prayer when the message arrives.)

