

## Welcome to Compassion Week

and thank you for joining us in prayer!

Los Altos United Methodist Church is dedicated to helping people know the value of becoming a deeply committed follower of Christ. We offer opportunities to do so through head, heart and hands.

Each year we offer this different way to worship. Compassion Week gives the LAUMC community the opportunity to share fellowship and God's calling through hands-on service.

Prayer is also an act of service. A former LAUMC pastor once wrote *Prayer is work, and works miracles*.\* Amen to that! Your prayer work is important to us, to others participating in projects this week, and to those we serve.

Please use whatever prayer approach works for you. On the reverse side of this card we have printed a lovely *Prayer of Compassion* from Mother Teresa and the lyrics to the song *Make Us One* by Carol Cymbala. You may wish to use them to begin your prayer time each day and then pray more specifically for any or all of the projects listed separately, and for those participating in projects.

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[www.compassionweeklosaltos.org](http://www.compassionweeklosaltos.org)

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## *A Prayer of Compassion from Mother Teresa*

Lord, open our eyes  
that we may see you in  
our brother and sisters.

Lord, open our ears that we  
may hear the cries of the hungry,  
the cold, the frightened,  
the oppressed.

Lord, open our hearts  
that we may love each other  
as you love us.

Renew in us your spirit.

Lord, free us and make us one.



## *Make Us One by Carol Cymbala*

Make us one, Lord  
Make us one:  
Holy Spirit, make us one.  
Let your love flow, that our  
hearts will know  
we are one in You.