

- Who or what has touched your heart this week? What was your response to the person or situation? Gratitude, inspiration or frustration?
- Who has shown you what it means to be in relationship with God? How have they demonstrated that relationship?

HANDS

- In his book, Fuquay discusses four main ways the disciples patterned their lives after Jesus: 1) fellowship in a small group; 2) spiritual practices (prayer, study, fasting); 3) personal sacrifice; and 4) showing compassion to all. Are all of these essential as we follow in the way of Christ? Why or why not? Which areas are easier or harder for you? Pick one to pursue more diligently in the coming weeks.
- What is one continuing thing you can do to reach out to others? Can you greet or listen to people, serve them, or pray for or with them?
- Can you find a partner to work and support you in reaching out to others? Could you be the one to support someone else who is reaching out and may need help?
- Consider an activity about THE WAY this week. Go for a walk or a hike. Try a new spiritual practice. Spread compassion. Start every day asking, "Jesus, how can I live for you today?"

Notes and Thoughts



*Touching heaven, changing earth
with head, heart and hands*

March 29, 2015
Scripture Lesson: John 14:1-7

We offer these questions for reflection during the service or during your week. Ponder them yourself or share them with friends. Many small groups use these guides; if you would like to participate in a group, visit www.laumc.org/growinfaith and click on the "Find a Group" button.

Lenten Study: The God We Can Know **Week 6 – The Way, the Truth, the Life**

HEAD

- Who was the audience when Jesus uttered the words, "I am the way, the truth and the life"? Discuss the context of this statement.
- What does it mean to be "the way" for someone?
- Who have you known that has set an example for you? How have you benefited from that example?
- In his book, Rob Fuquay quotes C.S. Lewis' answer to this question, "What makes Christianity distinct?" The answer from C.S. Lewis was "grace." What is grace? How does it relate to the "I AM" statement?

HEART

- Cite some examples of people you know who are following Jesus' way. What about their lives makes that evident? What is the impact of them living their lives in this manner?

